CFBHPP Committee

Meeting Summary Henrico CSB – Conference Room C Glen Allen

August 10, 2006

I. Welcome and Introductions

II. Approval of Minutes from Previous Meeting

Motion to approve Joanne Boise; Don Roe seconded the motion, minutes accepted.

III. Celebrations/Announcements

- VA INFO was a success. (Vickey Hardy Murrell)
- Summer Institute a huge success, 900 conferees attended the institute. (Martha Kurgans)
- OCFS had a site visit from SAMHSA regarding the grant. Adolescent Training Coordinator has been hired. (Malcolm King)
- VDH sponsored school health institute. (Joanne Boise)
- Joint Commission has two new staff; a staff attorney is one of them. (Kim Snead)
- Twenty-five kids are out school shopping, family dinner went well. (Carolyn Arthur)
- Appreciated the opportunity to attend the SOC conference. Year long pilot on SOC for infants on track. (Gina Wilburn)
- Judges' Conference will be held next week (Barbara Shue)
- Don Roe extended congratulations to Lloyd Tannenbaum; Lloyd was a guest speaker for a PBS program on alternative school programs.
- Appreciation to the OCFS for opportunities to attend the SOC conference in Florida.
- Pat attended a songwriters' camp at Blue Ridge and wrote an original song. Sandy Bryant confirmed that it is a beautiful song.
- Pam Fisher planning round tables for families as a way to get momentum going from the institutes.
- Shirley is glad that federal oversight visit is over. Celebrating 30 years of marriage August 28th.
- CSA received grants through the General Assembly to bring kids back home from residential care.

IV. Committee Reports

- Use of state facilities for children Don Roe and Sandy Bryant
 - o First draft of the report went out for comment.
 - o Don created a map as a dramatic visual of the counties.
 - o Planning for subcommittee to review and planning for a draft to be presented to the CFBHPP committee for review and comment.
 - o Report as part of a response to the Inspector General's report.
 - o Inspector General was underutilization of services.
 - o Considering a recommendation if another service were added, to recommend a location for the service.
 - Not a good idea to decrease acute beds when the intent is to decrease residential placements and increase pressure on the juvenile justice system and placements of youth in detention centers.
 - o Plan to decrease acute beds when community services are not readily available is not a good idea.
 - Need short-term stabilization admissions in tantum with any planning to decrease the number of residential placements.
 - o There is a safety net feature in public facilities that may not be readily available in private sector, important to stress public private partnership; need to document the need for the beds.
 - o Reporting form is flawed, can only use it if a bed cannot be found within 8 hours, the form needs to be revised.
- Joint workgroup with SLAT on residential treatment –Pat Haley
 - o Community development infrastructure pilot
 - o Attempting to build capacity
 - o Supporting SOC philosophy and approach to service delivery
 - o Important to highlight what learning is all about and to build in incentives for localities to embrace SOC.
- Governor's Transformation Initiative workgroups Shirley Ricks and Charline Davidson
 - Outcomes committee report; recommendations for the workgroup to start with the measure identified, is a more long term prospect, a commitment to continue the work in child and adolescent group to identify measures, increased capacity issues, looking at basically identifying proportion of funds against need and prevalence. Final draft has been disseminated to members for comment. Due to the Commissioner with recommendations for implementation. Can't talk about resilience without building community capacity.

- SEC adopted results based indicators and performance measures for CSA. What are the common results everybody can work on together and derive the strategies from the common ground. Important to have a single voice, family involvement, building capacity, how do we get there together.
- O Any family who requests services should be able to receive it in a timely manner, uniformity statewide for assessments, continuity of care, etc. One voice will get us toward our goal.
- Need to consider looking at incentives and disincentives for collaboration and partnership. Difficult for individuals to collaborate.
- Other transformation initiative workgroups; guidance about training and coordinated with this group to keep people informed, a comprehensive coordinated process statewide for identifying all the training around EB practices, peer recovery, SOC training, a few more meetings are planned. Regional crisis stabilization proposals for training due for submission and review by September 12th. Shirley stressed the importance of keeping this committee informed about training. At this point, plans for training is adult focused and it is important to
- o Service development meets next week (August 16th), services is more long-term.
- o Workforce Development met last week.

• VA INFO Center Update – Vickey Hardy-Murrell

- VA INFO fine-tuning collaboration, phone coverage, cross coverage and training about giving reliable information, one-stop shopping, minimize and/or eliminating silos.
- Planning to encourage grass roots advocacy, to work with parents and to use opportunities to bring families together and to continue to build capacity among parent groups.

V. CSA – Community Infrastructure Grant Program – Kim McGaughey

- Start up funds for pilots for innovative programs for community based services
- o SLAT and 330 F combined group, working on an RFP to develop models within an SOC framework.
- o Using some of the funds to leverage systems change
- o Overriding goals, keeping children in safe and resilient families and communities, comprehensive strengths-based assessments.
- Issues for feedback: trying to complement and not duplicate SOC projects, use funds to encourage communities to bring children back to their communities, using cost savings to re-invest in other communities and/or bring additional children back into their

- communities, recycling funds to build capacity. Re-investment is an important strategy. Should there be multiple projects or one to two projects?
- o Is the intent to focus on the child or to focus on the specific service that a community might want to develop to build capacity.
- This initiative could be an opportunity to encourage public/private partnerships.
- o Guidelines will be presented to the SEC at the September meeting, final approval in December with a June start-up.
- o Development of the criteria is extremely important and to keep in mind that maintaining flexibility is equally important.
- o Stressing the importance of developing clear scoring criteria and guidelines of the RFP, for example, systems and collaborative building, sustainability plan, step-by-step process.
- The joint workgroup with SLAT will meet from 10-1 September 1st at the Albemarle County Office building. Committee asked to give feedback to Pat Haley prior to the meeting.
- Considering a pre-proposal conference on SOC to orient potential applicants about systems of care, family involvement and collaboration.
- o Many communities do not have a clear understanding about SOC.

VI. Legislative Initiatives – Shirley Ricks and Brian Meyer

- SJR 96 on Autism
 - Boards of Education and DMHMRSAS to address issues related to treatment and training, Shirley looking for the chair to appoint a subcommittee to work on training and education about autism, report to State Board December 1st, have to develop a plan, sent to Child and Adolescent Council, integrating Part C workgroup with this subcommittee. Some names have already been submitted to the OCFS. Looking for parent participation and Vickey Hardy-Murrell will submit names to Shirley. Meeting logistics will be announced soon.
 - Volunteers: Kathy Mathews, Pat Arcado, Richard Foster, Autism Resource Center, Mary Dunne Steward, Vickey Hardy-Murrell, Ania Young, and Bradford Hulcher. Send names to Mary Ann Discenza.
 - Autism needs a "home"; this joint resolution may create an opportunity to have a home for it.

- COY –Workgroup on Establishing a Children's Ombudsman Office
 - This group will make recommendations back to COY. The study will look at convening a workgroup, literature review, evaluate the need, look at what other states are doing, legislative changes, budget needs. Comments need to be submitted to Shirley or the COY. There are public hearings scheduled, for information about the hearings and COY meeting schedule, refer to the COY website.
 - This group is setting out the expectations for what an ombudsman would do and the group is looking at what is already out there and what is needed.
 - Several questions will require answers about the need for this office.
 - Evidence based treatment conference, COY met with DMHRMSAS about EB treatments, a group reviewed everything and made recommendations including convening a conference to disseminate information about EB practices across the state. Recommendation was made to plan a statewide conference to educate providers about EB practices. Planning committee will meet August 21st at 1:00 at the General Assembly building in the 5th floor conference room. Letters of invitation will go out to representatives from child caring agencies and others to invite them to the planning committee meeting. The goal is to coordinate SOC initiatives of DMHMRSAS with education about EB practices.
 - Conference in 2007 will be focused on EB practices within a SOC framework.
- o Two CSA Studies JLARC and Joint Commission are both studying CSA. Commission will have several appointees for its study. JLARC's study is focusing more on the issue of residential treatment, have compiled data on residential treatment, financial information, outcomes, educational background, opinions about from respondents about what would make it better. JLARC also plans to conduct a needs assessment, pilot, and then disseminate to study the continuum of care.
- O Web based reporting group there were three demonstrations of reporting systems; one is a complex, hospital-based system, emergency system, shows which hospitals are on diversion, updated every 3 minutes; a second one was a proposed system, and the third system from Region 5 and their transformation work, looking at psychiatric beds, an inverse system driven more by case

managers and bought beds, case manager accesses the system and removes a bed from the system. Very few states have a web based psychiatric bed reporting system. System will deal with hospital beds for children and adults and does not include residential beds. This system will only look at the capacity and not resolve the issue of hospitals that refuse to take individuals.

VII. Office of Child and Family Services Update – Shirley Ricks

- System of Care Institutes, 50 representatives from Virginia attended the institute in Florida. COY and OCFS collaborating on a planning a system of care conference in 2007. First meeting is planned for August 21st. Participants in the Florida institute will participate in planning the 2007 conference.
- Two SOC projects have been funded. Six CSBs have funded for MH/DJJ projects.
- Part C Early Intervention \$4 million for each year of the biennium.
 Held back \$500,000 for unmet needs. Each year the office received 5-8 requests for additional funds.
- o Budget request for Children FY 08. Each year budget is submitted as part of MH/MR/SA, OCFS would like to see a separate line item for children's services. Shirley will seek departmental approval for this recommendation. Preliminary funding packets are under development. Plan to use the 330-F recommendations as part of the budget package. OCFS considering budget request for a project that would integrate training of pediatricians with child psychiatrists.
- o Transformation Priorities for Children refer to handout.
- o CSAT (SAMHSA) on-site visit; seven expectations; 3 deal with grant implementation and work on evaluation plan and workforce development, Mid-Atlantic Technology Transfer Center and workforce development activities within DMHMRSAS, CSAT looking for a training plan that is sequential, coordinated and integrates all of the training activities. Workforce development includes mechanisms for supervision, sustainability of the workforce, attrition. Another challenge is ensuring all boards are using EPSDT, guidelines for adolescent substance abuse, need a plan for that, screening and assessment tool, consensus and recommendations, family advocacy, CSAT concerned about action, moving funding around to support family advocacy. System transformation, looking for a pilot to influence a transformation model. Partnering boards with innovative models with boards that need assistance with transformation. Training scheduled about EB practices. DMHMRSAS is planning training for CSB Executive Directors on EB practices models.

VIII. 2006 Report Status – Brian Meyer and Shirley Ricks

- o July 11 Presentation to Joint Commission
 - Report will be presented on September 14th to the Joint Commission. Suggestion, hold the September meeting at the General Assembly building, location TBA, shortened meeting, 10:00 until 1:00.
- o August 12 Presentation to MRC
- IX. Discussion of steps to make 2006 report recommendations a reality Brian Meyer
- X. Adjourn